



PRE-ADMISSION INFORMATION FOR PROSPECTIVE RESIDENTS

Fulford Residence, a non-profit home to 38 ladies, is housed in a historic home on Guy Street, in the heart of downtown Montreal.

MISSION STATEMENT

Fulford provides an environment for daily living that encourages a meaningful life for senior women. By striving to maintain appropriate levels of autonomy, security, comfort and spiritual solace, we endeavour to enable residents to live the remainder of their days at Fulford Residence.

Although Fulford is primarily a residence, we are licensed to offer, whenever possible, quality care to our residents to the end of their lives. It is important to note that only alert and autonomous women are accepted by the Admissions Committee to live at Fulford; however, once a resident is admitted we make every effort to accommodate her as she begins to lose autonomy.

POLICY FOR CONTINUED RESIDENCY

It is a goal of Fulford Residence to have our residents live the remainder of their days at Fulford. However, if after a period of adjustment, or at any point during a resident's stay at Fulford Residence, she poses any threat or danger to herself or others, or develops behaviours that are disturbing to other residents, or requires medical attention that Fulford cannot provide, it may be beyond the ability of Fulford Residence to continue to care for the resident. If that is the case, Fulford, with the help of family and/or a Social Worker from some other institution (CLSC, hospital) will work with the resident and her family to find suitable alternative accommodation.

MEDICAL SERVICES

A registered nurse is on duty for eight hours most weekdays. The evening and weekend shifts and occasional weekday shifts are covered by registered nursing assistants. Préposés aux Bénéficiaires (PAB/Aides) work on all shifts 24/7. They are carefully selected and, like all the staff at Fulford, take great pride in the high quality of care they give our ladies. The comfort and well-being of Fulford residents is the raison d'être of all that we do at Fulford. Fulford has a high staff retention rate.

Medications are distributed by the nursing staff unless a resident is able and wants to self-administer her medications.

A doctor visits twice a week and is on call full-time.

OTHER SERVICES

Massage therapy is available. Cost \$25.00 - \$35.00 per ½ hour

Hairdresser:	Shampoo:	\$2.00
	Cut:	\$12.00
	Shampoo and set:	\$15.00
	Shampoo, cut and set:	\$30.00
	Permanent:	\$60.00 - \$65.00

Foot Care: \$30.00 - \$35.00

Manicure: Starting at \$12.00

Pastoral services as listed in the **Activities at Fulford** document.

Transportation for residents going to and from appointments is done by taxi, taxi-van (charged to residents), family or friends. A fee will be charged if the resident needs an escort to go with her to her appointments.

Guest meals:	\$8.00
Cable:	\$30.00/month
Companion's fee:	\$12.00/hr
Telephone:	as arranged with provider
For Blood tests:	\$35.00

DINING

Balanced, nutritional and appetizing meals are served in our elegant dining room. Breakfast is at 8:30 am, dinner at 12:30 pm and supper at 5:30 pm. Every possible effort is made to respond to individual needs and preferences. Tea, coffee, juice and snacks are served three times a day. Staff will assist any resident who needs help to eat.

CALL-FOR-HELP SYSTEM

Fulford Residence has a call-for-help bell in each room that can be attached to the resident's bed. When pressed, a light is switched on at the main desk and a bell rings to alert the staff that someone is in need.

There are emergency bells in all of the bathrooms and common areas which beep continuously when pulled until someone responds to them.

FULFORD REGULATIONS

Fulford is a no-smoking residence

Pets are welcome to visit, but residents are not allowed to have pets

Candles are not allowed in Fulford