



# FULFORD RESIDENCE

1221 Guy Street, Montreal H3H 2K8 – Tel: (514) 933-7975

NEWSLETTER No. 22

SPRING 2007

## The Social Scene at Fulford, Never a Dull Moment!

Bingo, bridge games, knitting circles, exercise classes, musical entertainment, pub visits, ...and more. The Fulford residence is a happening place, a variety of activities are held daily to keep our ladies busy and active. We thank all the volunteers and staff who help with these events.

Over and above, several larger activities are held throughout the year. Janet Dussault, activity planner extraordinaire, describes three of these popular and successful events that she and her many helpers organized in 2006.

### Breakfast On The Balcony June 2006 “Breakfast At Tiffanys”

What started out as an event necessitated by elevator renovations has given rise to a new Fulford tradition: **Breakfast on the Terasse**. Last June when the weather turned decidedly mild, our ladies were treated to an outdoor breakfast extravaganza on the upper and lower balconies. Instead of the usual breakfast fare, our ladies enjoyed a continental breakfast made all the more special by fresh fruit, fine patisserie croissants, chocolatines, almondines as well as brie cheese and fresh baguette. Of course, there were both danish and cinnamon/raisin pastries on hand to satisfy even the most demanding Sweet Tooth. Now if we can just figure out



*Mrs. Adams (left) and Mrs. Mulligan*

how to serve cappuccinos and café au lait to 39 women at the same time, life would be truly merveilleux.

### Bazaar

This year, our annual bazaar took place a little later than usual. But the delay proved beneficial as the Christmas decorations gave the house a truly festive atmosphere. Although the church room was brimming with a veritable cornucopia of fun items, it was once again the jewelry and accessory section that garnered the most attention. Many of our ladies



*Miss Pacaud (top left), clockwise, Mrs. Windson,  
Mrs. Barrett and Mrs. Hicks*



*Mrs. Hart and Janet Dussault*

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returned several times to continue shopping in between sips of tea and nibbles of cookies in the dining room. The raffle was a big success with several staff members winning prizes along with our ladies. As usual, our heartfelt thanks go out to our wonderful volunteers for making this event happen.

### **Christmas Gluwein Reception**

The Christmas season wouldn't be complete without the annual Fulford Christmas party. Family members, friends and residents alike joined together to raise a glass of Christmas cheer. This year's party was wonderfully attended and it was especially fun to meet so many of our ladies' grandchildren. Prior to the party, some of our ladies thoroughly enjoyed a car tour that highlighted the outdoor decorations of various city neighborhoods. Even this year's absence of snow could not dim the magic of Montreal at Yuletide.



*Mrs. Mellor, Mrs. Mulligan and Mrs. Adams*

## **House Improvements in 2006**

In addition to the refurbishing of the church room, the manager's office and the front hallway described elsewhere in this newsletter, thanks to a generous bequest from one of our ladies, we were able to make other significant improvements and necessary repairs to the building this past year.

'Air conditioning units were installed in three different locations making life more comfortable for our ladies and the staff during the hot summer months. Additional units will be installed near the nurses' station and in the pantry in the coming months.

This bequest also covered the cost of a new roof for the second floor and renovations in the Hairdressing Salon, a room our ladies visit frequently.

## **Gone But Not Forgotten**

We mourn the loss of **Mrs. Agnelle Belgrave**, who died on Wednesday, February 7, 2007. An aide since 1992, Mrs. Belgrave was devoted and always professional. An Evening Supervisor for a long time, she reverted to the day shift in recent years. We extend our deepest sympathies to her husband Fred and daughter Esther.

Another long-time friend of The Home, **Miss Vera Jamieson**, also died in February. She played the piano for our Wednesday morning church services for many years, and was also a greeter. Miss Jamieson taught many Montrealers during her teaching career in Westmount schools, instilling a love of music in many of us. She was given the Bishop's award by then Bishop Andrew Hutchison for her long and devoted service. To our knowledge, she is the only United Church member to be so honoured.

Former resident, **Mrs Louise Spira**, died this past summer at the Royal Victoria Hospital. She so enchanted the staff at the Vic, that Dr. Mark Shapiro sent a sympathy card to "the family Spira" to say how much he admired her. Mrs Spira was a self-taught computer nerd, who designed cards, invitations, calendars and labels for a variety of functions at Fulford. She was chair of the Resident's Committee, raised money for the house, and looked after the bird feeders and flowers on the grounds.

These three special women will be sorely missed by all who knew them and particularly by their Fulford family. We were honoured to know them.

### **2006 – In Memoriam**

- Mrs. Schwarzmann
- Mrs. Baalogh
- Miss Cagney
- Mrs. Gelston
- Mrs. Hugman
- Mrs. Spira
- Mrs. Stewart

### **Bequests**

- Mrs Louise Spira
- Miss Elizabeth Stewart

### **Memorial Donations**

*Fulford is extremely grateful to the families and friends of*

*Mrs Hugman and Mrs Gelston  
who have chosen to make  
In Memoriam donations to the residence.*

## Behind The Red Door

Our year started off with our **150th** Annual Meeting on May 10th, 2006. **Mary Coughlan** was welcomed as the first **second generation** First Directress. Mary's mother, **Mrs. Elizabeth Newcombe**, was First Directress in the 1950's and was subsequently made an Honorary Life Member. **David McEntyre** and **Susan Luke Hill** switched portfolios; David is now serving as Vice President and Susan as Treasurer. Another welcome addition to our executive is **Flo Tracy** as Second Directress. New to our ranks are **Jo LaPierre** and **Donnie Marpole**; while we said adieu, but not goodbye, to **Barbara Savage** who has been an indefatigable, hard-working member of the board for several years... The staff, too, have seen many changes. **Mary Marilley**, Evening Nurse Supervisor, and **Laura Loutitt** retired and we were saddened by the death of **Grace Seltmann**, one of our relief nurses. We also said goodbye to **Nellie Wright**, physiotherapist, and **Pat Salehi**, one-time evening supervisor, at a delightful party in November. It was nice to have Pat's children with us for the evening. Happy retirement to you all... Volunteers are the lifeblood of Fulford. To honour their dedication, **Mary Coughlan** is organizing a Volunteer Lunch to coincide with Volunteer Week, which starts April 15th. The most prominent of our volunteers are the Greeters. We are indebted to **Eleanor Coté**, who finds, trains and schedules the greeters. Making Eleanor's job easier are volunteers like **Betty Spencer**, who devotes two mornings a week, starting at 8 am to answer the door, and helps out with whatever needs doing, while cheering everyone up with her delicious sense of humour. Joining the ranks at the Volunteer Lunch will be some former staff members. **Mary Marilley** reads to the ladies on Saturdays and former nurse, **Marilyn Gillies**, and her husband **Patrick Bonner**, do poetry readings and the-atics on Friday mornings. **Nellie Wright** also comes in to help out.



*Nellie Wright and Pat Salehi*



*Mary, Andrea, Celi, Trica and Venniss at the staff BBQ*



*Mrs. Fletcher and Miss Clark*



*Mrs. Louise Spira's 90th birthday, Janet Dussault and Joan Aird.*

## “Let The Sun Shine In”

Thanks to a very generous donation from Mr Peter Fletcher, the son of one of our residents, Fulford has taken on a new look with a beautiful sunny yellow hue. As one enters the house through its inviting red doors, we are greeted with the beautiful transformation.

The Church Room, Manager Donna Girard’s office and the entrance hall have been carefully restored to their original grandeur. The rooms are highlighted with fresh white trim accentuating the mouldings, ceiling motif and other striking architectural details, which stand out against the cherry yellow walls.

Ron Privé and his team did an excellent job, not only painting the rooms, but also staining and refinishing the lovely hardwood floors which had been hidden (for over 50 years) under wall-to-wall carpeting. The Church Room has come alive with a cozy fireplace insert in the beautiful carved antique marble mantelpiece. Privé also restored the natural woodwork in the entrance hall, and refurbished many of the beautiful pieces of antique furniture.

To complement the high ceilings and generous room sizes, the furniture was rearranged and placed in strategic locations in keeping with the atmosphere of the home. The paintings were also relocated and hung at eye level for all to enjoy. Donna’s desk was moved into the sunny front bay window giving a much more spacious feeling to her elegant office.

The new grandeur of the Church Room for its weekly church services is also welcoming, adaptable and versatile for other activities such as bridge games, bingo, exercise classes and meetings as well as being a beautiful place to host our annual bazaar, teas and other activities and events.

All to say, we are proud of our new look, and as the sun pours in, we are very happy to be “on the sunny side of the street”.

*Pam McLernon*



### In 2006 we welcomed:

Mrs. Ritchie	Mrs. Kozakiewicz
Ms Cagney	Mrs. Winn
Mrs. Fletcher	Mrs. Crombie
Mrs. Burbee	Mrs. Eperson

## Board of Directors

### OFFICERS

President – The Rt. Rev. Barry Clarke, Bishop of Montreal  
 Vice-President – David McEntyre  
 1st Directress – Mary Coughlan  
 2nd Directress – Flo Tracy  
 Treasurer – Susan Luke Hill  
 Secretary – Janet Dussault

### Members

Dorothy Anderson  
 Eleanor Coté  
 Douglas Dawson  
 Alan Greig  
 Judy Heathcote  
 Joan Aird Jacobsen  
 Pat Kinnear  
 Paula Jo Lapierre  
 Donalyn Marpole  
 Pam McLernon  
 Mary Jane MacDonald

Eva Novotny  
 Sheila Robertson  
 Arnold Sharp  
 Melanie Salhany  
 Helen Wiegand

### Honorary Life Members

Mrs. Marjorie Harbert  
 Mrs. Hazel Harrington  
 Mrs. J. G. Kirkpatrick  
 Mrs. T.P.H. Molson  
 Mrs. Elizabeth Nash

MANAGING DIRECTOR: Mrs. Donna Girard



## Fulford’s Door Greeters

For many years, Eleanor Coté has scheduled volunteers to work at Fulford as “greeters”. There are two shifts of three hours each every weekday and one on Saturday. The greeters’ duties are to answer the door, help to serve tea at 11 AM and 3 PM and generally to be available?For staff?

In addition to giving a helping hand to the Fulford staff, one of the very pleasant results of this work is the contact with the ladies who often spend time sitting in the hall chatting with the volunteers. It is a wonderful way to get to know the ladies on a personal level; sometimes a close friendship will develop as a result.

*Mary Coughlan*