

Sandy Quinsey, “A Ray of Sunshine!”

One of our residents, Mrs. Marjorie Harbert, has said, “What would we do without Sandy? She knows where everything is!” Sandy is appreciated by her colleagues, and is loved by the Fulford residents. Unfortunately, Sandy fell on ice this past winter and broke her arm badly. Requiring three full months for healing and recovery, Sandy is sorely missed during her absence. There will be joy in the house when Sandy returns to Fulford!

Sandy arrived at Fulford sixteen years ago. She began her work in the pantry, then trained as a PAB, or a nurse’s aide. Her irregular shifts prompted her to ask for a role with more consistent hours. Sandy chose to do housekeeping. She enjoys her work on the second and third floors, assisting with maintenance issues and working closely with the Management Team when she observes tasks that need to be promptly attended to.

Sandy says the best part of her work is her interaction with the ladies. She loves to chat and laugh with them, urging them to enjoy time in the fresh air on the upper balcony, or to have tea in the lounge. She notes how important it is to seat ladies with compatible friends in the dining room. She is frequently touched by the way the ladies look after one another.

Participation in Montessori training has enabled

Sandy to assist ladies to feel useful, encouraging them to do things they greatly enjoy. When cleaning a resident’s room, Sandy invites them to assist her in order to give them some sense of autonomy.

Over her sixteen years at Fulford, Sandy has noted that ladies are now entering the residence later in life. The staff make every effort to encourage and assist all residents to participate in weekly activities and every aspect of daily life.

Sandy loves to observe the ladies chatting and laughing. Visitors notice how well-dressed the ladies are, with their hair coiffed by Dorothy each week. Sandy feels privileged to have known so many remarkable ladies who have spent time living in Fulford. Every lady has stories of a life well-lived, filled with achievements and adventures. Each resident touches the lives of others through her unique personality. Sandy says she has learned so much from the ladies about growing older with grace, following years of work and family life.

